

18th Annual International OCD Foundation Conference

July 29-31, 2011

Registration Brochure



Visit our website
for Conference Updates

www.ocfoundation.org/conference.aspx

What is the Annual IOCDF Conference?

Since 1993, the Annual IOCDF Conference has been the only national meeting focused solely on Obsessive Compulsive Disorder (OCD) and related disorders. This unique event allows people with OCD and their loved ones to learn about the latest OCD information alongside the mental health professionals who care for them.

As many as 1,200 attendees are expected to join us in San Diego. This year's conference will feature more than 100 presentations, workshops, and seminars as well as nearly twenty evening support groups. Our presenters include some of the most experienced and knowledgeable clinicians and researchers in the field, as well as people with OCD and family members who are willing to share their stories.

Who Should Attend?

- Individuals (adults, teens, and children) with OCD or related disorders
- Parents, spouses, siblings, children, caring friends, or other relatives of anyone with OCD or related disorders
- Physicians, nurses, social workers, psychologists, professional counselors, marriage and family therapists, and other professionals who provide therapy, support and information to those affected by OCD and related disorders

General Information

Internet Registration

Instant registration is available on our website by visiting www.ocfoundation.org/conference.aspx.

Phone Registration

To register by phone, call (617) 973-5801.

Mailed Registration

All mailed registrations must be postmarked by June 27th. All registrations must be accompanied by full payment. Advance registrants can pick up their badges and registration materials at the Registration Counter at the Conference.

On-Site Registration

Registration is also available at the Annual Conference. On-site registration will open at 12pm on Thursday, July 28th.

Registration Hours:	Bookstore Hours:	Exhibitor Hours:
Thursday 12:00pm – 8:00pm	Friday 8:00am – 5:30pm	Friday 7:00am – 5:00pm
Friday 7:00am – 6:00pm	Saturday 8:00am – 5:30pm	Saturday 7:00am – 5:00pm
Saturday 7:00am – 1:00pm	Sunday 8:00am – 12:00pm	Sunday 8:00am – 12:00pm

18th Annual IOCDF Registration Form

(One registrant per form. Photocopies may be used. We recommend that multiple registrations be done by phone.)

Full Name: _____

How would you like your name to appear on your badge? _____

Street Address: _____

City: _____ State/Province: _____

Zip/ Postal Code: _____ Country: _____

Daytime Phone: _____ Email Address: _____

REGISTRATION FEES (Please circle one) These early bird rates good through June 27, 2011 at 5 pm EST. Rates increase after this date.

IOCDF MEMBERS

Member (All 3 days)\$215

Member (Fri Only).....\$110

Member (Sat Only)\$110

Children (Ages 6-16)

Member (All 3 days) \$175

Member (Fri Only).....\$90

Member (Sat Only)\$90

Professionals*

Member (All 3 days)\$375

Member (Fri Only).....\$200

Member (Sat Only)\$200

NON-MEMBERS

Non-Member (All 3 days)...\$265

Non-Member (Fri Only)\$160

Non-Member (Sat Only).....\$160

Children (Ages 6-16)

Non-Member (All 3 days)...\$175

Non-Member (Fri Only)\$90

Non-Member (Sat Only).....\$90

Professionals*

Non-Member (All 3 days) ..\$375

Non-Member (Fri Only)\$200

Non-Member (Sat Only).....\$200

Please note:

- 2-day Registrations are NOT available.
- Children 5 & younger can attend for free.
- If you are unsure of your membership status, please call our office at (617) 973-5801 or email us at info@ocfoundation.org
- The registration fee for children is the same regardless of membership status.

CONTINUING EDUCATION REGISTRATION (For professionals only)

License #1 Type _____ Number _____ State: _____

License #2 Type _____ Number _____ State: _____

Highest Degree (e.g. MSW, Ph.D., etc.): _____

Clinical Discipline (e.g. social work, psychology, etc.): _____

PAYMENT INFORMATION

Conference Registration Fee: \$ _____

Continuing Education*: \$ _____

Advanced Behavior Therapy Training Institute**: \$ _____

Total: \$ _____

* Continuing Education Cost: \$100

The cost of CME/CE credits is included in the registration fee for current professional members of the IOCDF. The cost of CME/CE credits is not included in the registration fee for professionals who are not current members. If non-members want CME/CE credits, the fee is \$100.

** Advanced Behavior Therapy Training Institute Cost: \$100 (For professionals only)

Please see the **Support Groups and Special Programs** section of the Registration Brochure for details.

Credit Card (circle one): Visa MasterCard American Express Discover

Card Number _____ Exp. Date: ____/____/____ Security Code: _____ Billing zip code: _____

Signature _____ Date: _____

Check: Please indicate the number of your enclosed check: _____

Send this completed form with payment to: International OCD Foundation
Attn: Conference Desk
P.O. Box 961029
Boston, MA 02196

*For faster registration,
you can register online at*
www.ocfoundation.org/conference.aspx

18th Annual IOCDF Conference

Spouse/Children

Please note that a Registration Fee and Form is required for every family member who is attending the Conference, including spouses and all children 6 and older. In order to get a discount on each family member's registration fee, the family must have a family membership and all family members must reside in the same household. If you do not currently have a family membership, please contact us at (617) 973-5801 to upgrade your membership or to join today. **Families of four or more who register at the same time will be given a 20% discount off each registration. You must register by phone to receive the discount.**

Cancellations/Refund Policy

All cancellations and requests for refunds must be made in writing and postmarked by July 27th, 2011. A \$50 administrative fee will be charged per registrant. No refunds will be granted to requests postmarked after July 27th, 2011. Telephone cancellations will not be accepted.

Hotel Information

All conference sessions and social functions will be held at:

Sheraton San Diego Hotel & Marina
1380 Harbor Island Drive
San Diego, CA 92101
<http://www.sheratonsandiegohotel.com>
(619) 291-2900

Rooms have been set aside at a special rate of \$189 per night. This rate is available to attendees of the Conference only and is available from three days before until three days after the event, subject to availability. Please make sure to make your reservations as early as possible, because this block of rooms will sell out. Visit <http://www.ocfoundation.org/travel.aspx> and click on "Reserve a Room" or call (619) 291-2900 and mention the International OCD Foundation conference.

Transportation

By air:

The Sheraton San Diego Hotel & Marina is approximately a 1/2 mile from San Diego International Airport (SAN). The hotel operates a free shuttle service from San Diego International Airport between the hours of 5:30am and 12:00am, with pickups every 25-30 minutes. Outside of these hours guests may request a pickup by phoning the Hotel directly. The shuttle vans are grey, blue, and white. For those who do not want to take the free shuttle, the estimated taxi fare is \$6 each way.

By car:

Please note that self parking is \$22 plus tax per night and valet parking is \$28 plus tax per night at the Sheraton San Diego Hotel & Marina and is subject to change without notice. For comprehensive driving directions, please go to www.ocfoundation.org/travel.aspx.

Special Conference Discount

As a special benefit to our attendees, we have also secured discounts on airfare, rental cars, local attractions, and more. Please visit www.ocfoundation.org/travel.aspx or call (617) 973-5801 for more information.

Support Groups and Special Programs

Visit our website for more info on these events.

Wednesday and Thursday, July 27th and 28th

Pre-Conference 2-day OCD Treatment Group & Professional Training

Reid Wilson, PhD

On Wednesday and Thursday we will offer a 2-day Cognitive Behavioral Treatment Group, led by Dr. Reid Wilson and held at the Sheraton San Diego Hotel and Marina. The group will be limited to 8 participants on a first-come, first-served basis. All participants must be referred by a health professional who has given the diagnosis of OCD. The cost is \$375*. For a PDF copy of a registration and referral form, please go here: <http://anxieties.com/pdf/registration.pdf>. Questions can be addressed to Dr. Wilson at rrw@med.unc.edu or (919) 942-0700.

Four health professionals will be permitted to attend the Treatment Group as participant-observers. The cost is \$375*. If interested, contact Dr. Wilson directly at rrw@med.unc.edu to find out if there is still room. If applying, attach your professional biography.

Dr. Reid Wilson is co-author of Stop Obsessing! and author of Don't Panic. He is director of the Anxiety Disorders Treatment Center in Chapel Hill and Durham, NC.

**Dr. Wilson is donating 100% of registration fees to the International OCD Foundation.*

Thursday, July 28th, 1:00-6:00 PM

Advanced Behavior Therapy Training Institute

"Cruel Reflections: What you need to know about treating Body Dysmorphic Disorder"

Sabine Wilhelm, PhD

Professionals Only - Additional \$100 Fee. Registration available online, by mail, and by phone.

Friday, July 29th, 7:00-8:30 PM

Free Support Groups Including:

- Compulsive Hoarding
- G.O.A.L. Group
- Intrusive Thoughts
- Obsessive Compulsive Anonymous
- Compulsive Skin Picking
- Scrupulosity
- BDD
- Parents of Children with OCD
- Teens and Young Adults with OCD
- Children of Parents with OCD

Friday, July 29th, 8:45-10:30 PM

11th Annual Virtual Camping Trip

Jonathan Grayson, PhD
Harold Kirby, LCSW, BCD; Tejal Jakadar, PhD

Saturday, July 30th, 6:00-10:00 PM

Free to Conference Attendees

Something for Everyone:

- Saturday Evening Social
- Support Groups
- Documentary Screening and Discussion of "OC-87"
- 3rd Annual Karaoke and Fashion Show (for kids, teens, and parents)

	PARENTS AND FAMILIES	GENERAL	GENERAL
FRIDAY JULY 29	8AM - 9AM PARENTS AND CHILDREN ORIENTATION Susan B. Dailey Christina Vertullo	GENERAL ORIENTATION Jeff Bell Elizabeth McIngvale, LMSW Jeff Szymanski, PhD	TECHNIQUES TO ENHANCE THE EFFECTIVENESS OF ERP TREATMENT FOR OCD Gerald Tarlow, PhD
	9:15AM - 10:45AM SHOULD I TELL THE TEACHER ABOUT MY OCD? Kathleen Norris, LPC Michelle V. Prescott, MS	INTRODUCTION TO HOARDING AND PRACTICAL STRATEGIES TO HELP DIG YOUR WAY OUT Robin Zasio, PsyD, LCSW Patrick McGrath, PhD	CHALLENGES OF LIVING WITH AND TREATING OCD WITH AUTISM/ASPERGERS Allen H. Weg, EdD • Jonathan Hoffman, PhD E. Katia Moritz, PhD
	11AM - 12:30PM UNTANGLING BEHAVIORS IN KIDS- WHICH ARE OCD AND WHICH ARE JUST “BEING KIDS”? Kathleen Norris, LPC	WORKING WITH OCD FOLLOWING YOUR OWN BATTLE: REWARDS, CHALLENGES, AND DIRECTIONS Nathaniel P. Van Kirk, MS Elizabeth McIngvale, LMSW • Kevin Putman	DON’T TRY HARDER, TRY DIFFERENT: A STRESS MANAGEMENT APPROACH TO TREATING OCD Patrick B. Mcgrath, PhD Katie E. Sheridan, MSW
	1:30PM - 3:30PM TURNING ADVERSITY INTO ADVOCACY Jeff Bell • Jared Kant • Joy Kant Patricia Lowery • Shannon Shy Chris Trondsen	OCD ANIMATION FESTIVAL Fred Penzel, PhD John S. Moore	CULTURALLY SENSITIVE TREATMENT OF OCD AROUND THE GLOBE: AN INTERNATIONAL PANEL Thröstur Björgvinsson, PhD • Oded Ben-Arush, PsyD Scott Blair-West, MD • Jason Elias, PhD • S. Evelyn Stewart, MD
	4PM - 5:30PM HELP FOR FAMILIES WITH ADULT CHILDREN WITH OCD Perrie Merlin, LICSW	DSM-V UPDATE ON OCD AND SPECTRUM DISORDERS Katharine A. Phillips, MD	THE ART OF PERSUASION: CHANGING THE OCD MIND Reid Wilson, PhD
SATURDAY JULY 30	8AM - 9:30AM KEYNOTE ADDRESS		
	10AM - 11:00AM SUDDEN ONSET OR EXPLOSIVE OCD – COULD IT BE PANDAS? Beth Latimer, MD Keith Moore	USING ACCEPTANCE AND COMMITMENT THERAPY (ACT) IN THE TREATMENT OF OCD Nate G. Gruner, LCSW	OCD GENETICS: PROGRESS REPORT FROM THE OCD COLLABORATIVE GENETICS ASSOCIATION (OC GAS) STUDY Gerry Nestadt, MD, MPH
	11:15AM - 12:45PM DIGGING OUT: HELPING YOUR LOVED ONE WHO HOARDS Michael A. Tompkins, PhD	INCREASING AWARENESS OF OCD IN OLDER ADULTS: TREATMENT AND SPECIAL CONSIDERATIONS Jeanne M. Fama, PhD • Catherine R. Ayers, PhD, ABPP Darin D. Dougherty, MD • David T. Rich	OCD IN THE MEDIA: AN INSIDE LOOK AT OCD IN THE NEWS, ON TELEVISION, AND IN FILM Jeff Bell • Jeff Szymanski, PhD • Stephanie Chelf Alice Ikeda • Kellie Madison • Robin Zasio, PsyD, LCSW
	1:45PM - 3:45PM STUDY AND ORGANIZATIONAL SKILLS FOR STUDENTS WITH OCD Kathleen Norris, LPC	ASK THE EXPERTS: Q & A ON OCD IN KIDS AND TEENS S. Evelyn Stewart, MD • Jeanne Fama, PhD Tanya Murphy, MD • Eric Storch, PhD Aureen P. Wagner, PhD	ASK THE EXPERTS GOES LIVE James M. Claiborn, PhD Michael Jenike, MD
	4PM - 5:30PM USER-FRIENDLY CBT FOR KIDS AND TEENS: A STEP-BY-STEP APPROACH Aureen P. Wagner, PhD	NOT YOUR FATHER’S OCD: THEORETICAL AND CLINICAL IMPLICATIONS OF NON-ANXIETY-BASED OCD Fred Penzel, PhD Charles S. Mansueto, PhD	PRACTICALLY PERFECT: WHEN AND WHY PERFECTIONISM PAYS OFF OR BACKFIRES Jeff Szymanski, PhD
SUNDAY JULY 31	9AM - 10:30AM OCD AND THE COLLEGE APPLICATION/SELECTION PROCESS: COMMON PITFALLS AND STRATEGIES FOR SUCCESS Jill Rickel, MS	A FAMILY’S STORY WITH OCD Elizabeth McIngvale, LMSW Laura McIngvale-Brown Linda McIngvale	BRINGING CLARITY TO MENTAL RITUALS: Q & A SESSION ON SILENT COMPULSIONS Jonathan Hershfield, MA • Tom Corboy, MFT Stacey Kuhl Wochner, LCSW • Kimberly Quinlan, MA
	10:45AM - 12:15PM RESIDENTIAL TREATMENT FOR KIDS AND TEENS WITH OCD: WHAT IS IT AND HOW DO I KNOW IF I NEED IT? David M. Jacobi, PhD • Stephanie C. Eken, MD	WHAT’S WRONG WITH WANTING TO LOOK BETTER? UNDERSTANDING THE PERILS OF LIVING WITH BDD Scott M. Granet, LCSW	LIFE AFTER OCD Barbara Van Noppen, PhD Michele Pato, MD Thröstur Björgvinsson, PhD Perrie Merlin, LICSW • Aureen P. Wagner, PhD

	INDIVIDUALS W/OCD AND FAMILIES	INDIVIDUALS WITH OCD	KIDS/TEENS
FRIDAY JULY 29	8AM - 9AM MINDFUL MINUTES Robin Kirk, LMFT Jason Murphey, PsyD	COMING OUT OF THE OCD DUNGEON Faye Lange	TEENS AND YOUNG ADULTS ORIENTATION Jared Kant Nikita Desai
	9:15AM - 10:45AM THE SCRUPULOSITY ANSWER GUYS Jedidiah Siev, PhD Jonathan Grayson, PhD Charles S. Mansueto, PhD	OCD 101 Bruce Mansbridge, PhD	WHY AM I HERE? TALKING WITH TEENS ABOUT OCD Renae M. Reinardy, PsyD
	11AM - 12:30PM STANDING UP TO SHOCKING OBSESSIONS Renae M. Reinardy, PsyD	HOW OCD CAN RUIN YOUR SOCIAL LIFE AND HOW TO MAKE IT BETTER Marilyn Cugnetto, PhD • Steven Seay, PhD Jason Spielman, PsyD	THE ABC'S OF OCD Kathleen M. Rupertus, PsyD Jon Hershfield, MA
	1:30PM - 3:30PM MEDICATION: WHAT DO I NEED TO KNOW? Michael Jenike, MD	ON THE JOB WITH OCD Marilynn Mika Spencer, JD	KIDS AND TEENS SUCCESS PANEL: SURVIVING AND THRIVING AFTER OCD Nikita Desai • Michael Levine Madison Lewandowski • Alex Lezon
	4PM - 5:30PM RECOVERY AVOIDANCE: WHY SOME PEOPLE HAVE IT AND WHAT OTHERS CAN AND CANNOT DO ABOUT IT C. Alec Pollard, PhD	WHO'S LINE IS IT ANYWAY?: IMPROV AND CHALLENGING OUR FEARS William C. Oakley, MA • Adrienne W. Ahlquist, MSW, LCSW Bella A. Gambino, MA, LPC • Simon T. Jencius, MA, LCPC	CBT FOR TEENS: PRACTICAL STRATEGIES TO ESCAPE THE TRAP OF NEGATIVE AND DISTORTED THINKING Jennie Gault, MFT
SATURDAY JULY 30	8AM - 9:30AM KEYNOTE ADDRESS		OCD: THE GAME SHOW FOR KIDS Brad S. Hufford, LCSW-C Caitlin S. Condit Natalie A. Rusch
	10AM - 11:00AM ASK THE EXPERTS: Q & A SESSION ON TRICHOTILLOMANIA AND PATHOLOGICAL SKIN PICKING Nancy J. Keuthen, PhD • Darin D. Dougherty, MD Jon E. Grant, MD • David L. Pauls, PhD	SO NOW YOU KNOW: MY JOURNEY THROUGH LIFE WITH OCD Angela Cavett	SPORT AND EXERCISE IN OCD Ciaran Casey
	11:15AM - 12:45PM REALISTIC TREATMENT PLANNING: RESIDENTIAL TO OUTPATIENT AND BEYOND Jamie Feusner, MD • Karron Maidment, RN, MFT Michelle Otelsberg, MFT • Sherise Prince, PsyD	MAKING MUDPIES: CONFRONTING YOUR FEAR OF CONTAMINATION Jonathan Grayson, PhD • Tejal Jakadar, PhD Harold Kirby, LCSW, BCD	OCD JEOPARDY: USING GAMES TO BEAT THE OCD MONSTER Jenny C. Yip, PsyD Sarah A. Paxson, PsyD
	1:45PM - 3:45PM FAMILIES HELPING FAMILIES Jeff Bell • Victoria Gonzalez • Emily Hawling Patricia Lowery • Barbara Van Noppen, PhD Alissa Welker	HOW WE BEAT OUR OCD: YOUNG ADULTS DISCUSS LIFE AFTER OCD TREATMENT Chris A. Trondsen • Brandon M. Corbin Jon Devine • Cole E. Duncan • Katelyn E. Leis	CAN HARRY POTTER CURE OCD? Jennifer G. Wells, MSW, LISW-S
	4PM - 5:30PM PANEL DISCUSSION ON THE IMPACT OF OCD ON COUPLES Jim Hatton, PhD • Rachael Hatton, MA Suzanna McDowell • Scott McDowell • Maria Montana John Montana • Susana Tzadok • Moshe Tzadok	DEVELOPING FACILITATED SELF-HELP GROUPS FOR HOARDING Randy O. Frost, PhD Lee Shuer	HEY... YOU GOTTA TRY THIS! Kathleen M. Rupertus, PsyD Jon Hershfield, MA
SUNDAY JULY 31	9AM - 10:30AM IN BETWEEN DOCTORS' APPOINTMENTS--MAKING A LIFE WITH OCD Roy C.	THE POOP GROUP Jason Elias, PhD	FINDING LIFE IN THE MIDDLE OF UNCERTAINTY--A TEEN EXPERIENCE Kathleen Norris, LPC Alex Lezon
	10:45AM - 12:15PM INTRODUCING METACOGNITIVE THERAPY FOR OCD James M. Claiborn, PhD	IS RECOVERY POSSIBLE? Mary T. Nuxoll Jeannie Clerkin Theresa Cohen	ITOUCH Kathleen M. Rupertus, PsyD Jon Hershfield, MA

	RESEARCHERS	THERAPISTS	THERAPISTS	
FRIDAY JULY 29	8AM - 9AM	IMPOSED ACCOMMODATION - DISRUPTIVE/ COERCIVE BEHAVIORS IN PEDIATRIC OCD Eli R. Lebowitz, PhD	INTRODUCTION TO OCD TREATMENT: ASSESSMENT AND DIAGNOSIS (PART 1) Thröstur Björgvinsson, PhD Patrick B. McGrath, PhD	OCD TREATMENT IN ESPAÑOL AND MANDARIN: TRANSLATING CBT CROSS-CULTURALLY Marilyn Cugnetto, PhD Curtis Hsia, PhD
	9:15AM - 10:45AM	PREDICTORS OF TREATMENT RESPONSE IN YOUTH WITH OCD Adam B. Lewin, PhD • Jonathan S. Abramowitz, PhD Tara S. Peris, PhD • Eric Storch, PhD	INTRODUCTION TO OCD TREATMENT: EXPOSURE/RESPONSE PREVENTION AND MEDICATION MANAGEMENT (PART 2) Thröstur Björgvinsson, PhD • S. Evelyn Stewart, MD	DISGUST IN CONTAMINATION AND INTRUSIVE THOUGHTS Carol R. Hevia, PsyD
	11AM - 12:30PM	GLUTAMATE IN OCD: AN UPDATE Christopher Pittenger, MD, PhD	INTRODUCTION TO OCD TREATMENT: FAMILY, CHILD AND ADOLESCENT THERAPY (PART 3) Thröstur Björgvinsson, PhD • Felicity Sapp, PhD Eric Storch, PhD	WHEN WORLDS COLLIDE: CLINICAL AND THEORETICAL IMPLICATIONS OF THE OCD/TOURETTE INTERFACE Charles S. Mansueto, PhD
	1:30PM - 3:30PM	LATEST ADVANCES: A CLOSER LOOK AT VARIANTS OF OBSESSIVE COMPULSIVE AND RELATED DISORDERS Jennifer L. Greenberg, PsyD • Cara Bohon, PhD Jedidiah Siev, PhD • Sabine Wilhelm, PhD	HELPING THE FAMILIES OF TREATMENT-REFUSERS: A WORKSHOP FOR THERAPISTS C. Alec Pollard, PhD	CBT FOR HARD-TO-TREAT OCD IN CHILDREN AND ADOLESCENTS Aureen P. Wagner, PhD
	4PM - 5:30PM	AFRICAN AMERICANS WITH OCD: A HIDDEN POPULATION Monnica T. Williams, PhD	OCD IN AUTISM SPECTRUM DISORDERS Robert Hudak, MD • Charles S. Mansueto, PhD Eric M. Morrow, PhD, MD • Eric Storch, PhD Aureen P. Wagner, PhD	ERP GONE WILD II: MORE CREATIVE IDEAS FOR EXPOSURE EXERCISES Jason Spielman, PsyD Jonathan Hoffman, PhD, ABPP
SATURDAY JULY 30	8AM - 9:30AM	KEYNOTE ADDRESS		
	10AM - 11:00AM	HOARDING WITH OCD AND WITHOUT OCD Christopher F. Mogan, PhD	SUDDEN ONSET: PANDAS FOR THE CLINICIAN – DIAGNOSIS, TREATMENT AND THERAPY Tanya Murphy, MD Eric Storch, PhD	MANAGING COMORBID EATING DISORDERS IN OCD TREATMENT Steven D. Tsao, PhD
	11:15AM - 12:45PM	OVERVIEW OF SUDDEN ONSET OCD: PANDAS RESEARCH AND NEW DIRECTIONS Sue Swedo, MD Madeleine Cunningham, PhD	THE TREATMENT RESISTANT SPIRITUALLY OBSESSED CLIENT: SCRUPULOSITY, SPIRITUAL CONTAMINATION, AND SEEKING REASSURANCE Kenneth W. Littlefield, PsyD	CAREERS IN OCD: WHICH PATH MAKES SENSE FOR ME? Charles S. Mansueto, PhD • C. Alec Pollard, PhD Bradley Riemann, PhD • S. Evelyn Stewart, MD Sabine Wilhelm, PhD • Camden Elliot, MS • Natalie A. Rusch
	1:45PM - 3:45PM	NEUROSURGERY UPDATE 2011 Benjamin D. Greenberg, MD, PhD Darin D. Dougherty, MD • Suzanne Haber, PhD Fred Penzel, PhD	OCD TREATMENT THROUGH STORYTELLING Allen H. Weg, EdD	HOARDING AND OCD: DIFFERENCES IN CONCEPTUALIZATION AND TREATMENT Gail Steketee, PhD, MSW Randy O. Frost, PhD
	4PM - 5:30PM	CURRENT TRENDS IN OCD FAMILY RESEARCH Barbara Van Noppen, PhD Michele Pato, MD S. Evelyn Stewart, MD	HOARDING TASK FORCES: THE ROLE OF MENTAL HEALTH PROFESSIONALS Christiana Bratiotis, PhD, LCSW Catherine R. Ayers, PhD, ABPP • Michael A. Tompkins, PhD	TROUBLESHOOTING IN COGNITIVE-BEHAVIORAL THERAPY FOR OCD: A CLINICIAN'S FORUM Jonathan S. Abramowitz, PhD, ABPP Bradley C. Riemann, PhD
SUNDAY JULY 31	THERAPISTS			THERAPISTS
	9AM - 10:30AM	THE INTERPLAY BETWEEN PTSD AND OCD: TREATMENT CONSIDERATIONS AND TACTICS Eda Gorbis, PhD, LMFT	GROUP THERAPY FOR ADOLESCENTS WITH OCD Jennifer W. Jencks, LICSW Christopher Spofford, PhD	AN UPDATE ON THE TREATMENT OF BODY FOCUSED REPETITIVE DISORDERS: HRT AND BEYOND Simon A. Rego, PsyD
	10:45AM - 12:15PM	TELETHERAPY AND VIDEOCONFERENCING IN OCD TREATMENT: WEIGHING THE BENEFITS AND RISKS E. Katia Moritz, PhD • Jason Elias, PhD Jonathan Hoffman, PhD • Eric Storch, PhD Jeff Szymanski, PhD	PERIL IN THE PEN: HOW THOSE LITTLE MEDICAL SLIPS CAN COST YOUR PATIENTS THEIR JOBS AND THEIR INSURANCE Marilynn Mika Spencer, JD	INTEGRATED FRAMEWORK FOR CBT IN OBSESSIVE COMPULSIVE SPECTRUM DISORDERS Matthew D. Jacofsky, PsyD Steven Poskar, MD

Continuing Education Information

Continuing education only offered for “Researchers” and “Therapists” tracks. You must attend the sessions in these tracks to receive credit.

Physicians: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of McLean Hospital and the International OCD Foundation. McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians. McLean Hospital designates this educational activity for a maximum of 18.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists: This program is co-sponsored by McLean Hospital and the International OCD Foundation. McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content.

For Advanced Behavior Therapy Training Institute

This offering meets the criteria for 4.5 CE hour(s) for psychologists.

For Friday(1-Day) and Saturday (1-Day) Registrations

This offering meets the criteria for 7.5 CE hour(s) for psychologists.

For Full (3-Day) Registrations

This offering meets the criteria for 18.0 CE hour(s) for psychologists.

Nurses: This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00). Advance practice nurses, please note: Educational activities which meet the requirements of the ACCME (such as this activity) count towards 50% of the nursing requirement for ANCC accreditation.

For Advanced Behavior Therapy Training Institute

This offering meets the criteria for 4.5 contact hours of nursing continuing education credit.

For Friday(1-Day) and Saturday (1-Day) Registrations

This offering meets the criteria for 7.5 contact hours of nursing continuing education credit.

For Full (3-Day) Registrations

This offering meets the criteria for 18.0 contact hours of nursing continuing education credit.

Counselors: For licensed mental health counselors, McLean Hospital is an NBCC Approved Continuing Education Provider (ACEPTM) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. The hospital's provider number is 6085.

For Advanced Behavior Therapy Training Institute

This program is approved for 4.5 clock hours of CE credit or .45 CEU.

For Friday(1-Day) and Saturday (1-Day) Registrations

This program is approved for 7.5 clock hours of CE credit or .75 CEU.

For Full (3-Day) Registrations

This program is approved for 18.0 clock hours of CE credit or 1.8 CEU.

CA Professionals: Course meets the requirements of up to 18.0 hours of continuing education credit for MFCCs and/or LCSWs as required by the California Board of Behavioral Sciences (Provider #4422).

Social Workers: This program is approved by the National Association of Social Workers (Provider #886509959) for up to 18.0 continuing education contact hours.

Conference Learning Objectives

ABTTI Learning Objective:

- Participants who are new to the diagnosis and treatment of BDD and perfectionism will have a basic working knowledge, in addition to specialized knowledge, of the etiology and treatment of BDD and perfectionism.

Friday Learning Objectives:

- Participants who are new to the diagnosis and treatment of OCD will have a basic working knowledge, in addition to specialized knowledge, of the etiology and treatment of OCD and related disorders.
- Participants will have a greater understanding of the etiology of OCD as well as various other related disorders and co-morbid disorders. Participants will also have an understanding of differential diagnosis and treatment options for each disorder or combination of disorders.
- Participants will have a more thorough understanding of and respect for OCD and related disorder sufferers and their family members, as well as an increased competency facilitating recovery.

Saturday Learning Objectives:

- Participants will have new ideas about how to treat treatment-resistant OCD and related disorders as well as how to engage unmotivated patients in the treatment process.
- Participants will understand the role of genetics, neurobiology, neuroimaging, novel and traditional psychopharmacology, neurosurgery, and deep brain stimulation in the diagnosis and/or treatment of OCD and related disorders as reported in current research literature.

Full (3-Day) Conference Objectives:

All of the above.

What is the International OCD Foundation?

Founded by a group of people with OCD in 1986, the International OCD Foundation (IOCDF) is an international not-for-profit organization made up of people with Obsessive Compulsive Disorder (OCD) and related disorders, as well as their families, friends, professionals and others. The mission and goals of the IOCDF are to:

- Educate the public and professionals about OCD in order to raise awareness and improve the quality of treatment provided;
- Support research into the cause of, and effective treatments for, OCD and related disorders;
- Improve access to resources for those with OCD and their families; and
- Advocate and lobby for the OCD community.

Session Availability

Seating at all workshops, seminars, and lectures is on a first-come basis.